

# Health & Safety Policy

Verwood Runners aims to promote the health, safety and welfare of all persons to whom we owe a duty of care, including athletes, volunteers and coaches through a commitment to the development of a positive health and safety culture.

To achieve the highest possible standards, Verwood Runners aims to, so far as is reasonably practicable:

- comply with all relevant health and safety legislation and guidelines;
- conduct risk assessments, ensuring actions arising are implemented and the risks are reduced to the lowest practicable level;
- provide defined procedures, which include safe methods of working for all those involved in the delivery of club activity;
- provide and maintain equipment to ensure safe activities;
- seek to prevent accidents and incidents;
- report any accidents and incidents arising from club activity;
- implement emergency and first aid procedures;
- ensure suitable welfare arrangements are in place and provide a safe environment for all those involved in club activity, and;
- provide appropriate information, instruction and supervision to ensure all those involved in club activity take care of their own safety and welfare and that of others.

Verwood Runners are committed to the development of individuals involved in the delivery of club activity and aims to:

- establish an effective process that identifies how the health and safety responsibilities are allocated and communicated across the Club;
- communicate matters affecting health and safety, and;
- provide appropriate information and support to ensure all those with a responsibility for health and safety are competent in their role.

The Club Committee is responsible for the implementation and management of the health and safety arrangements that exist within Verwood Runners and accepts this responsibility. The Committee will review this policy statement at least annually and any revisions will be made accessible to members.

Signed: Tracey Smith and Megan Moody  
Club Secretaries

Date: 19/03/2025